



Hemispheres Movement for Learning Ltd

Working with Primitive and Postural Reflexes Learning Modules for Clinicians

Who should attend:

This training is specifically designed for qualified therapy clinicians who seek specialist knowledge in how to work with the primitive and postural reflexes in children and young people. Ideal for Occupational Therapists, Therapist who work with the body, Physiotherapists, and Chiropractors as well as others.

Why should I attend?

The training is specific to the skills that underlie the development of sensory, motor, emotional and cognitive skills in young children and therefore the training is a great way of expanding your expertise and skills when working with children with development, neurological, emotional and learning difficulties.

Why train with Shelley?

Shelley has been qualified as an Occupational Therapist for close to 30 years, initially she selected work opportunities to expand her thirst for knowledge in neurology, neurosurgery, and neuropsychiatry. In 2001, a move to Australia opened up more opportunities to investigate alternative and holistic approaches when working with children. Since 2005, Shelley has worked exclusively with the Primitive and Postural Reflexes and has dedicated her clinical time to building a structured, clinical approach to the assessment and treatment of children which has proven time and time again to be highly successful. Shelley incorporated Hemispheres Movement for Learning in 2007, it is the only occupational therapy practice in the UK that exclusively works with the Primitive and Postural Reflexes, so the wealth of knowledge and experience Shelley can share with other clinicians is unprecedented. Hemispheres has treated thousands of children with all manner of difficulties and continues to support over 250 children per month. Shelley works in clinic 4 days per week, develops resources for schools and fills her spare time with training.

What does the full training involve?

From experience of having trained different therapists over the last 18 years, there is a lot of information you can learn, and it can be overwhelming. It is important that the learning has meaning to you as a clinician, but more importantly you feel skilled to put these skills into practice immediately. Therefore, Hemispheres has produced 4 sequential modules of learning. It is recommended that the modules be completed in order (i.e., 1-4) and the full course is completed so you have a comprehensive understanding of the full assessment, implications for treatment and clinical reasoning skills to mold the knowledge to help children and young adults with developmental, neurological, emotional and learning difficulties.

Module 1: Building Symmetry (2 days) **8-9th November 2024**

- Introduction to the Primitive and Postural Reflexes, their role in development and their impact on development and learning.
- Overview of the Hemispheres clinical framework for understanding and working with the reflexes.
- Linking together the reflexes with neuromaturation and development.
- Assessment of the Primitive reflexes: Palmar, Babinski, Plantar, Suck and Rooting reflexes.
- Clinical observation of neurodevelopmental skills associated with the reflexes listed above.

- How to score and record your observations
- Understanding the impact these reflexes have on fine motor development, speech, communication, interaction and balance and spatial awareness, as well as development, functioning and learning.
- Learn activities, games, and movements to stimulate, develop and integrate the reflexes listed above.
- Understand how to incorporate new skills clinically into your practice to help children and young adults. How to measure change and progress.

Post training learning:

- Assessment of 5-10 children with or without known difficulties.
- Access movement videos on the Hemispheres Movement Site for 2 months.
- 60-minute, group on line follow up.

Module 2: Establishing Midline, Laterality and Control (2 days)

31st January - 1st February 2025

- Recap of previous learning and home learning completed.
- Assessment of the Tonic Reflexes: Tonic Labyrinthine (TLR), Asymmetrical Tonic Neck (ATNR) and Symmetrical Tonic Neck (STNR) Reflexes.
- Clinical observation of neurodevelopmental skills associated with the reflexes listed above.
- How to score and record your observations.
- Testing which parts of the cerebellum and vestibular system is/are dysfunctional.
- Link together the Palmar, Plantar, Babinski, Suck and Rooting reflexes with the TLR, ATNR and STNR – clinical relevance – expanding your assessment skills.
- Understanding the impact these reflexes have on awareness of the Dorsal, Sagittal, and Frontal mid-lines in the body, impact on spatial control, coordination, and balance.
- The impact tonic reflexes have on establishing cortical control and the impact on neurodevelopment and learning.
- Learn activities, games, and movements to stimulate, develop and integrate the reflexes listed above.
- Understand how to incorporate new skills clinically into your practice to help children and young adults.

Post training learning:

- Assessment of 5- 10 children with or without known difficulties.
- Access movement videos on the Hemispheres Movement Site for 2 months
- 60-minute, group on line follow up.

Module 3: Integration, Learning and Coordination (2 days)

21st - 22nd March 2025

- Recap of previous learning and home learning completed in Modules 1 & 2
- Assessment of the Facilitating and Lifelong Reflexes: Spinal Gallant, Amphibian, Head Righting (HRR) and Vestibular Reflexes.
- Clinical observation of neurodevelopmental skills associated with the reflexes listed above.
- How to score and record your observations.
- Link together all the reflexes so far including – clinical relevance – expanding your assessment skills.

- Understanding the impact these reflexes have on the Dorsal, Sagittal and Frontal midlines, bilateral coordination, and balance.
- The role these reflexes have on supporting the integration of the other reflexes.
- Learn activities, games, and movements to stimulate, develop and integrate the reflexes listed above.
- Understand how to incorporate new skills clinically into your practice to help children and young adults.

Post training learning:

- Assessment of 5-10 children with or without known difficulties.
- Access movement videos on the Hemispheres Movement Site for 2 months.
- 60-minute, group on line follow up.

Module 4: Emotional and Sensory Regulation (2 days)

16-17th May 2025

- Recap of previous learning and home learning completed in Modules 1 - 3
- Assessment of the Emotional Reflexes: Fear Paralysis and the Moro.
- Understanding the impact these reflexes in terms of the Autonomic Nervous System, Social Engagement and Attachment.
- The role these reflexes have on the full reflex chain.
- Clinical observation of neurodevelopmental skills associated with the reflexes listed above.
- How to score and record your observations.
- The completion of a full Hemispheres Assessment and how to interpret the overall profile, how to target and plan intervention.
- Learn activities, games, and movements to stimulate, develop and integrate the emotional reflexes.
- The completion of a full Hemispheres Assessment and how to interpret the overall profile, how to target and plan intervention.

Post training learning:

- Full reflex assessment of 5 - 10 children with or without known difficulties.
- Access movement videos on the Hemispheres Movement Site for 2 months
- 60-minute, group on line follow up.

Following satisfactory completion of the 4 modules plus completion of 3 case studies, there is then an opportunity to complete full registration to become a Hemispheres Recognised Associate.

Cost: Single Module £ 450

Discounts: Attend 2 for £ 850

Attend 3 for £ 1,250

Attend all 4 – £1,650

How to Book:

Please email your interest to shelley@hemispheres.org.uk and complete booking form.

Please note:

it is possible to book an exclusive training package for a set organisation - please discuss these options with Shelley. All courses will be limited to a minimum of 5 and no more than 10 persons per course (negotiable).

Discounts are only valid when purchased together, prior to attending

Venue:

The Old Stables, Rectory Farm, Broadway Road, Lightwater, Surrey, GU15 SHO

Tel: 01276 472 858

Course can be run at different location if a closed group - trainer travel and expenses will apply.